

February 4, 2015

Senator Crisco, Representative Megna
Senator Kelly, Representative Sampson, and
Members of the Insurance and Real Estate Committee
Legislative Office Building
Hartford, CT

RE: HB-5359

I am a 68 year old female who was diagnosed with Parkinson's Disease in 2009.
My insurance covers medicine and office visits after I have paid a copayment amount.

What doesn't get paid and is most beneficial to my treatment plan are most effectively weekly
acupuncture, monthly massages, a healthy diet, supplements and exercise.

I am asking you to consider functional medicine as a viable part of a treatment plan to aid in the
managing of this disease.

Let me give you an example of what happens after an acupuncture treatment. Before treatment
my body will have tremors both hands and feet which I can't control. Internally my body is
always in motion but not as severe as my outward tremors. After a treatment which takes about
one hour I leave feeling more energized, no inward shaking, and balance is improved.
The overall treatment from head to toe is reducing inflammation in my body. As long as there is
inflammation the disease will remain. Acupuncture is not a cure but is the best medicine I have
yet to find in managing my Parkinson's disease.

I am doing everything I can to reduce my symptoms and lead a healthy and fulfilling life.
I only ask that insurance companies begin to help with expenses for treatment.

Thank you for taking the time to read my letter .


Jean Ledger
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